

COMMERCIAL FITNESS EQUIPMENT
CATALOGUE 2026

GYM STRONG
FITNESS EQUIPMENT

Strength Machines
Plate Loaded Equipment
Benches & Racks
Functional Training
Accessories

Cardio Solutions
Home Gym Systems
Consultation & Planning

www.gymstrong.in

ABOUT US

Gym Strong Fitness Equipments manufactures all type of fitness equipments for commercial gym strength training. Our motto is to provide the best quality of equipments in reasonable rates. Holding an experience of 8 years in the fitness industry, we believe that, "quality matters" and this is what we are assuring to give to our customers. We make sure that our customers are benefitted with the best formed equipments. Our equipments have a perfect mechanism to train specific muscles with perfect angles. The professional team of the company manufactures the most extensive equipments in the industry, and makes sure to introduce new and innovative products concordantly. While other companies aim to focus on marketing, We aim to focus on the product's quality.

Content

Impact Plus	01-44
New Impact	45-61
Load-On Series	62-86
Benches and Racks	87-105
Multigym	106-111
Cable Attachments & Accessories	112-115
Shades/Colours	116

IMPACT
SERIES **PLUS**



MANUFACTURED WITH CAPSULE TUBE

www.gymstrong.in

GYM STRONG
FITNESS EQUIPMENT

LAT PULL DOWN - DUAL PULLEY

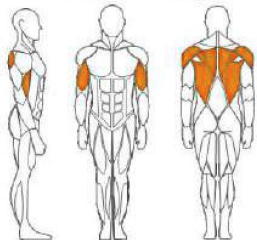
DUAL LAT PULL DOWN



STRAP HANDLE



Muscle Group

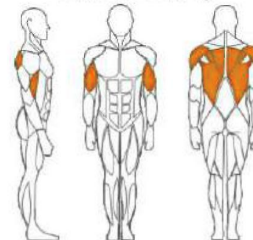


Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg



Muscle Group



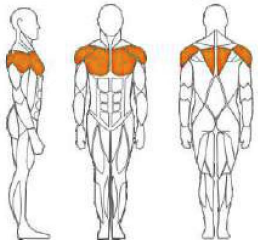
Specification

Length : 70 inches/178 cms
Width : 45 inches/114 cms
Height : 88 inches/224 cms
Weight Stack : 220 lbs. / 100 kg

PEC FLY/REAR DELT



Muscle Group



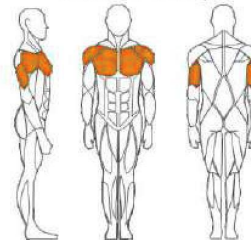
Specification

Length : 60 inches/152 cms
Width : 68 inches/173 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL CHEST PRESS



Muscle Group



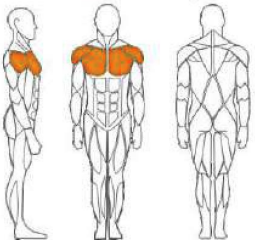
Specification

Length : 78 inches/198 cms
Width : 48 inches/122 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL PEC FLY



Muscle Group



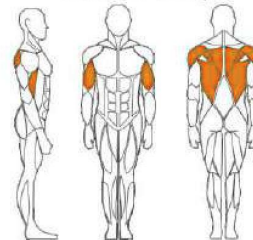
Specification

Length : 58 inches/147 cms
Width : 40 inches/102 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

LAT PULL DOWN - SINGLE PULLEY



Muscle Group



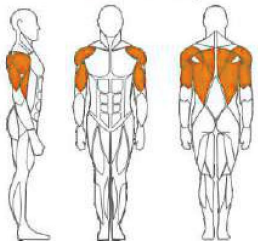
Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 92 inches/234 cms
Weight Stack : 220 lbs. / 100 kg

ASSISTED DIP CHIN



Muscle Group



Specification

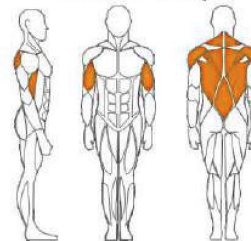
Length : 58 inches/147 cms
Width : 46 inches/117 cms
Height : 85 inches/216 cms
Weight Stack : 220 lbs. / 100 kg

LONG PULL ROW



Option 2 : Double Cable
JXB-204B

Muscle Group



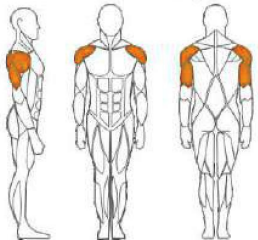
Specification

Length : 94 inches/239 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

OVERHEAD PRESS



Muscle Group



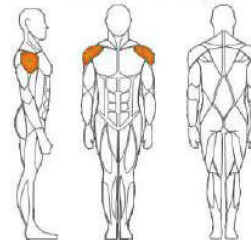
Specification

Length : 62 inches/157 cms
Width : 52 inches/132 cms
Height : 70 inches/178 cms
Weight Stack : 220 lbs. / 100 kg

LATERAL RAISE



Muscle Group



Specification

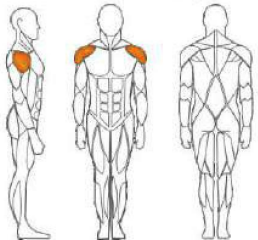
Length : 48 inches/122 cms
Width : 50 inches/127 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

STANDING LATERAL RAISE

BICEP CURL



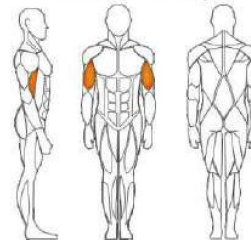
Muscle Group



Specification

Length : 58 inches/147 cms
Width : 40 inches/102 cms
Height : 82 inches/208 cms
Weight Stack : 165 lbs. / 75 kg

Muscle Group



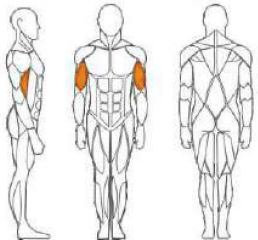
Specification

Length : 48 inches/122 cms
Width : 36 inches/91 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

ISOLATERAL INCLINE BICEP CURL



Muscle Group



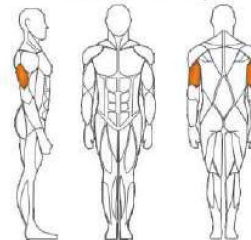
Specification

Length : 36 inches/92 cms
Width : 52 inches/132 cms
Height : 60 inches/153 cms
Weight Stack : 110 lbs. / 50 kg X Each Side

SEATED TRICEP DIP



Muscle Group



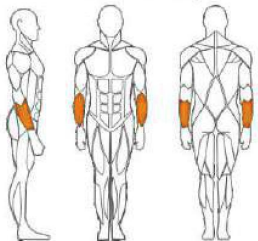
Specification

Length : 60 inches/152 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

GORILLA GRIPPER



Muscle Group



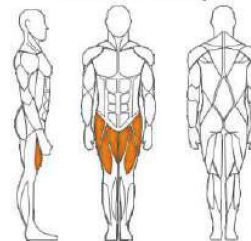
Specification

Length : 30 inches/76 cms
Width : 30 inches/76 cms
Height : 30 inches/76 cms
Weight Stack : 110 lbs. / 50 kg

LEG EXTENSION



Muscle Group



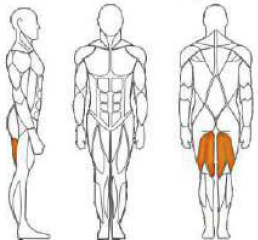
Specification

Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220lbs. / 100 kg

SEATED LEG CURL



Muscle Group



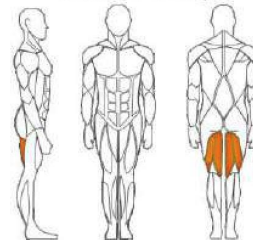
Specification

Length : 65 inches/165 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

PRONE LEG CURL



Muscle Group



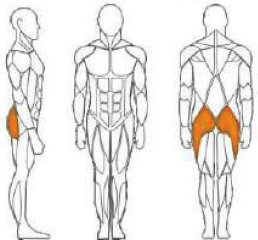
Specification

Length : 67 inches/170 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

GLUTE MACHINE



Muscle Group



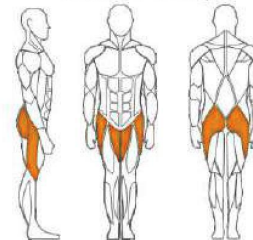
Specification

Length : 48 inches/122 cms
Width : 40 inches/102 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

ADDUCTOR/ABDUCTOR COMBO.



Muscle Group



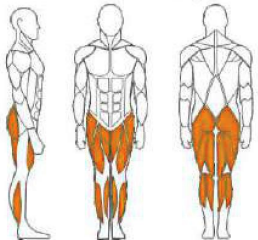
Specification

Length : 67 inches/170 cms
Width : 36 inches/91 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

SEATED LEG PRESS



Muscle Group



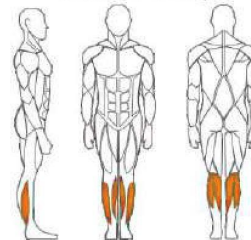
Specification

Length : 85 inches/216 cms
Width : 44 inches/112 cms
Height : 74 inches/188 cms
Weight Stack : 400 lbs. / 180 kg

STANDING CALF



Muscle Group



Specification

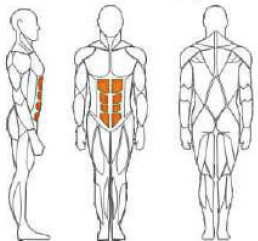
Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 75 inches/191 cms
Weight Stack : 220 lbs. / 100 kg

ABDOMINAL MACHINE

TORSO ROTATION



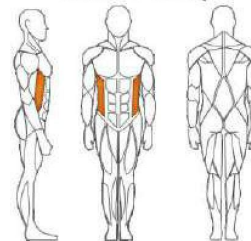
Muscle Group



Specification

Length : 52 inches/132 cms
Width : 50 inches/127 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

Muscle Group



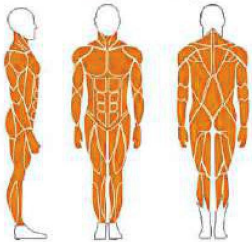
Specification

Length : 48 inches/122 cms
Width : 50 inches/127 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

FUNCTIONAL TRAINING TOWER



Muscle Group



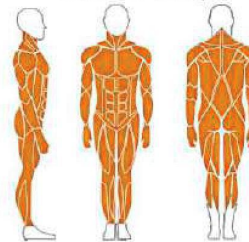
Specification

Length : 80 inches/203 cms
Width : 128 inches/325 cms
Height : 86 inches/218 cms
Weight Stack : 220 lbs. / 100 kg X Each Side

MULTI FUNCTIONAL STATION



Muscle Group



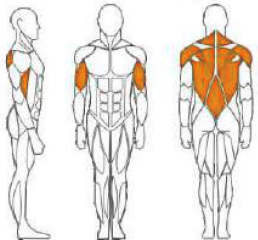
Specification

Length : 98 inches/249 cms
Width : 48 inches/122 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg X Each Side

INCLINE T-BAR



Muscle Group



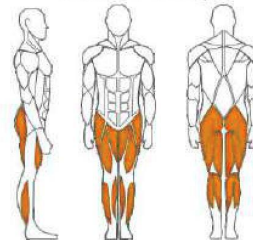
Specification

Length : 78 inches/198 cms
Width : 40 inches/102 cms
Height : 47 inches/119 cms

45° LEG PRESS



Muscle Group



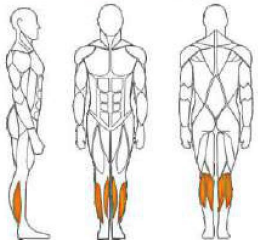
Specification

Length : 92 inches/234 cms
Width : 66 inches/168 cms
Height : 55 inches/140 cms

SEATED CALF



Muscle Group



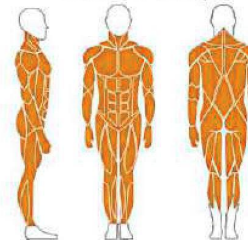
Specification

Length : 58 inches/147 cms
Width : 36 inches/91 cms
Height : 39 inches/99 cms

SMITH MACHINE COUNTER BALANCED



Muscle Group



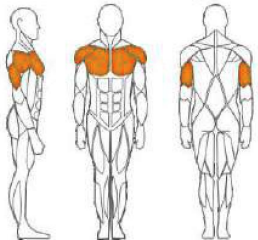
Specification

Length : 56 inches/127 cms
Width : 86 inches/218 cms
Height : 90 inches/229 cms

OLYMPIC FLAT BENCH



Muscle Group



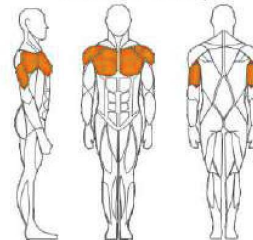
Specification

Length : 82 inches/208 cms
Width : 86 inches/218 cms
Height : 50 inches/127 cms

OLYMPIC INCLINE BENCH



Muscle Group



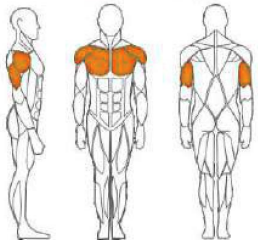
Specification

Length : 78 inches/198 cms
Width : 86 inches/218 cms
Height : 55 inches/140 cms

OLYMPIC DECLINE BENCH



Muscle Group



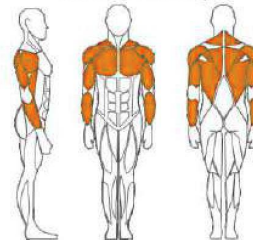
Specification

Length : 81 inches/206 cms
Width : 86 inches/218 cms
Height : 48 inches/122 cms

SUPER BENCH



Muscle Group



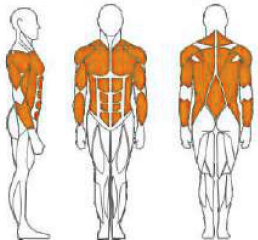
Specification

Length : 60 inches/152 cms
Width : 25 inches/64 cms
Height : N.A.

DELUXE SUPER BENCH



Muscle Group



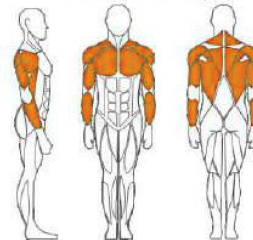
Specification

Length : 65 inches/165 cms
Width : 29 inches/74 cms
Height : N.A.

WORK BENCH



Muscle Group



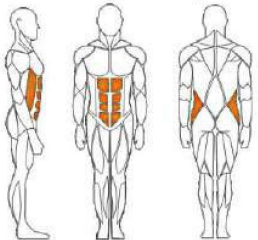
Specification

Length : 55 inches/140 cms
Width : 30 inches/76 cms
Height : 21 inches/53 cms

ABDOMINAL BOARD ADJUSTABLE



Muscle Group



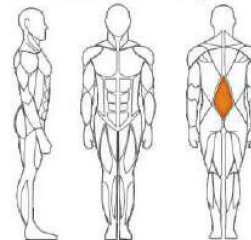
Specification

Length : 69 inches/175 cms
Width : 30 inches/76 cms
Height : 34 inches/86 cms

BACK EXTENSION



Muscle Group



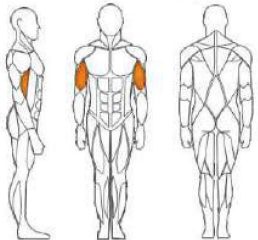
Specification

Length : 66 inches/168 cms
Width : 42 inches/107 cms
Height : 50 inches/127 cms

PREACHER CURL BENCH



Muscle Group



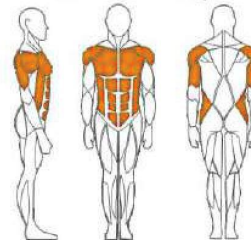
Specification

Length : 54 inches/137 cms
Width : 48 inches/122 cms
Height : 38 inches/97 cms

VERTICAL KNEE UP



Muscle Group



Specification

Length : 56 inches/142 cms
Width : 36 inches/91 cms
Height : 70 inches/178 cms

VERTICAL PLATE TREE



Specification

Length : 28 inches/71 cms
Width : 30 inches/76 cms
Height : 49 inches/124 cms

BARBELL RACK



Specification

Length : 22 inches/56 cms
Width : 12 inches/30 cms
Height : 10 inches/25 cms

DUMBBELL RACK TWIN TIER



Specification

Length : 30 inches/76 cms
Width : 103 inches/262 cms
Height : 32 inches/81 cms

ACCESSORIES RACK



Specification

Length : 42 inches/107 cms

Width : 28 inches/71 cms

Height : 48 inches/122 cms

BEAUTYBELL RACK



Specification

Length : 42 inches/107 cms

Width : 32 inches/81 cms

Height : 55 inches/140 cms

IMPACT
SERIES **PLUS**



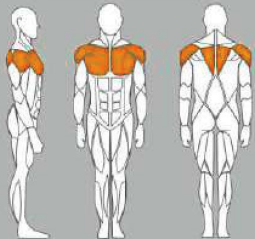
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GYM STRONG
FITNESS EQUIPMENT

PEC FLY/REAR DELT



Muscle Group



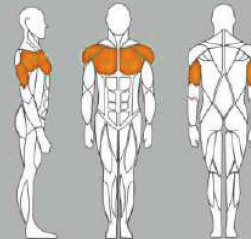
Specification

Length : 60 inches/152 cms
Width : 68 inches/173 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL CHEST PRESS



Muscle Group



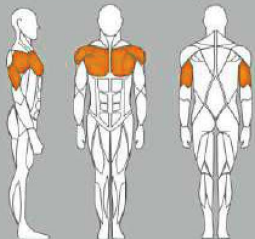
Specification

Length : 78 inches/198 cms
Width : 48 inches/122 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

INCLINE CHEST PRESS



Muscle Group



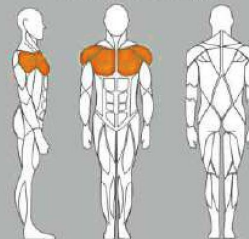
Specification

Length : 56 inches/142 cms
Width : 64 inches/163 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL PEC FLY



Muscle Group



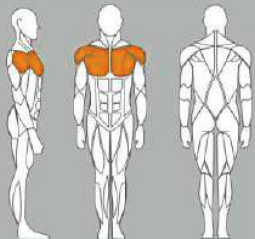
Specification

Length : 58 inches/147 cms
Width : 40 inches/102 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

STANDING FLY / DELTOIDS



Muscle Group



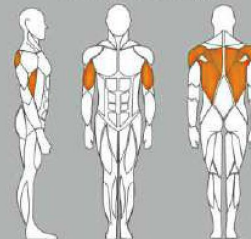
Specification

Length : 58 inches/147 cms
Width : 40 inches/102 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

LAT PULL DOWN - SINGLE PULLEY



Muscle Group



Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 92 inches/234 cms
Weight Stack : 220 lbs. / 100 kg

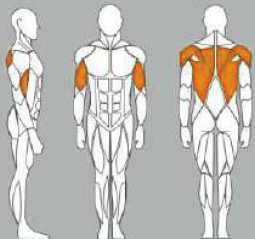
LAT PULL DOWN - DUAL PULLEY



STRAP HANDLE



Muscle Group



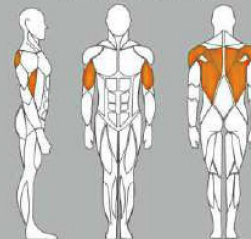
Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

DUAL LAT PULL DOWN



Muscle Group



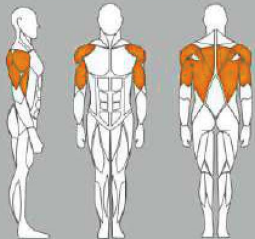
Specification

Length : 70 inches/178 cms
Width : 45 inches/114 cms
Height : 88 inches/224 cms
Weight Stack : 220 lbs. / 100 kg

ASSISTED DIP CHIN



Muscle Group



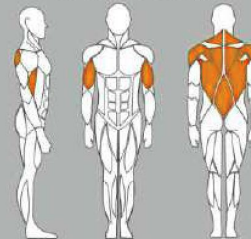
Specification

Length : 58 inches/147 cms
Width : 46 inches/117 cms
Height : 85 inches/216 cms
Weight Stack : 220 lbs. / 100 kg

LONG PULL ROW - SINGLE PULLEY



Muscle Group



Specification

Length : 94 inches/239 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

LONG PULL ROW - DUAL PULLEY

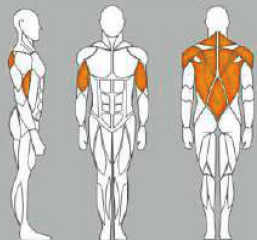
SEATED ROW



Optional Attachment



Muscle Group

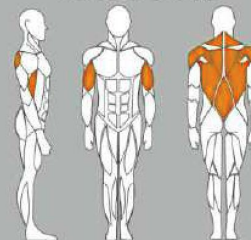


Specification

Length : 94 inches/239 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg



Muscle Group



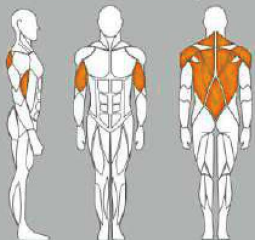
Specification

Length : 96 inches/244 cms
Width : 40 inches/102 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL ROW



Muscle Group



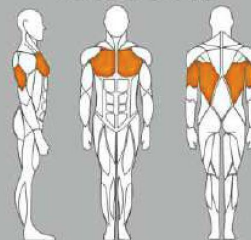
Specification

Length : 66 inches/168 cms
Width : 54 inches/137 cms
Height : 62 inches/157 cms
Weight Stack : 220 lbs. / 100 kg

TRICEP EXTENSION / PULLOVER COMBO.



Muscle Group



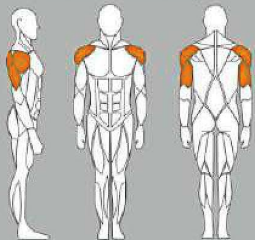
Specification

Length : 54 inches/137 cms
Width : 46 inches/117 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

OVERHEAD PRESS



Muscle Group



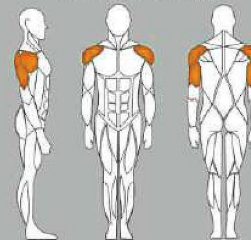
Specification

Length : 62 inches/157 cms
Width : 52 inches/132 cms
Height : 70 inches/178 cms
Weight Stack : 220 lbs. / 100 kg

INCLINE SHOULDER PRESS



Muscle Group



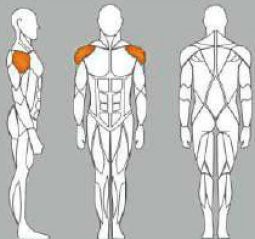
Specification

Length : 80 inches/203 cms
Width : 54 inches/137 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

LATERAL RAISE



Muscle Group



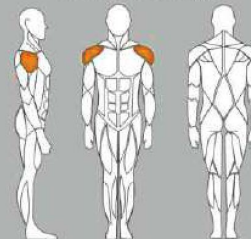
Specification

Length : 48 inches/122 cms
Width : 50 inches/127 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

STANDING LATERAL RAISE



Muscle Group



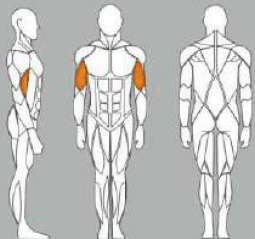
Specification

Length : 58 inches/147 cms
Width : 40 inches/102 cms
Height : 82 inches/208 cms
Weight Stack : 165 lbs. / 75 kg

BICEP CURL



Muscle Group



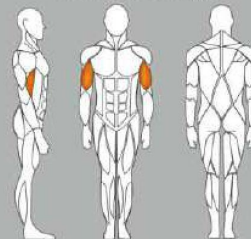
Specification

Length : 48 inches/122 cms
Width : 36 inches/91 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

ISOLATERAL INCLINE BICEP CURL



Muscle Group



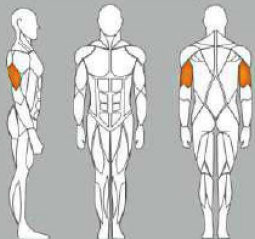
Specification

Length : 42 inches/107 cms
Width : 56 inches/142 cms
Height : 60 inches/152 cms
Weight Stack : 110 lbs. / 50 kg X Each Side

SEATED TRICEP DIP



Muscle Group



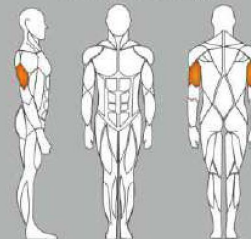
Specification

Length : 60 inches/152 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

ISOLATERAL INCLINE TRICEP EXTENSION



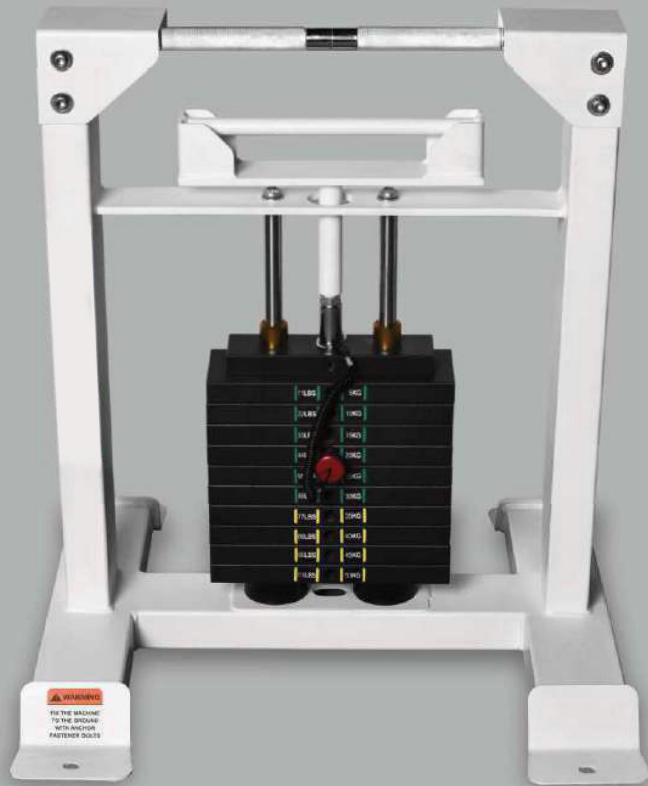
Muscle Group



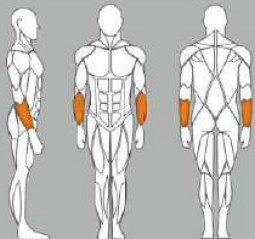
Specification

Length : 42 inches/107 cms
Width : 56 inches/142 cms
Height : 58 inches/147 cms
Weight Stack : 110 lbs. / 50 kg X Each Side

GORILLA GRIPPER



Muscle Group



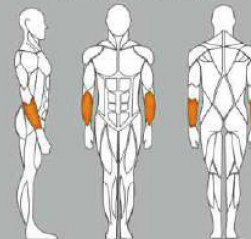
Specification

Length : 30 inches/76 cms
Width : 30 inches/76 cms
Height : 30 inches/76 cms
Weight Stack : 110 lbs. / 50 kg

FOREARM MACHINE



Muscle Group



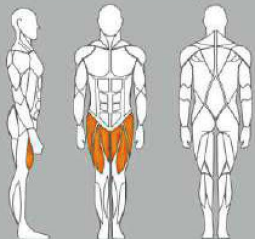
Specification

Length : 46 inches/117 cms
Width : 46 inches/117 cms
Height : 62 inches/157 cms
Weight Stack : 165 lbs. / 75 kg

LEG EXTENSION



Muscle Group



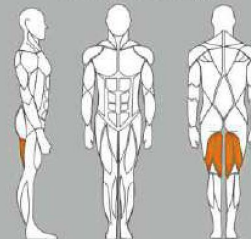
Specification

Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

SEATED LEG CURL



Muscle Group



Specification

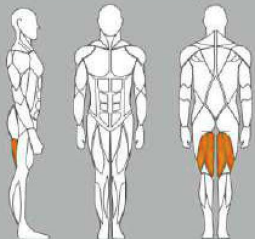
Length : 65 inches/165 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

PRONE LEG CURL

SEATED LEG CURL / EXTENSION COMBO.



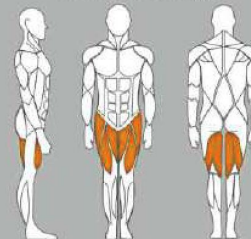
Muscle Group



Specification

Length : 67 inches/170 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

Muscle Group



Specification

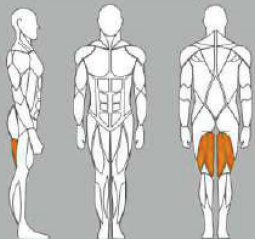
Length : 65 inches/165 cms
Width : 44 inches/112 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

KNEELING LEG CURL

HIP THRUST



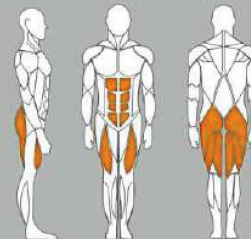
Muscle Group



Specification

Length : 56 inches/142 cms
Width : 42 inches/107 cms
Height : 64 inches/163 cms
Weight Stack : 165 lbs. / 75 kg

Muscle Group



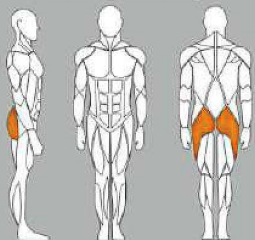
Specification

Length : 70 inches/178 cms
Width : 50 inches/127 cms
Height : 62 inches/157 cms
Weight Stack : 165 lbs. / 75 kg

GLUTE MACHINE



Muscle Group



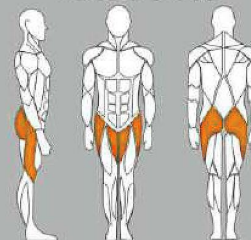
Specification

Length : 48 inches/122 cms
Width : 40 inches/102 cms
Height : 58 inches/147 cms
Weight Stack : 165 lbs. / 75 kg

ADDUCTOR/ABDUCTOR COMBO.



Muscle Group



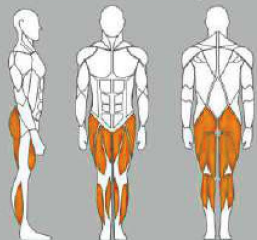
Specification

Length : 67 inches/170 cms
Width : 36 inches/91 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

SEATED LEG PRESS



Muscle Group



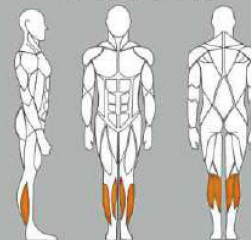
Specification

Length : 85 inches/216 cms
Width : 44 inches/112 cms
Height : 74 inches/188 cms
Weight Stack : 400 lbs. / 180 kg

STANDING CALF



Muscle Group



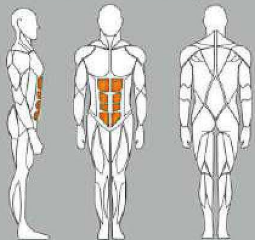
Specification

Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 75 inches/191 cms
Weight Stack : 220 lbs. / 100 kg

ABDOMINAL MACHINE



Muscle Group



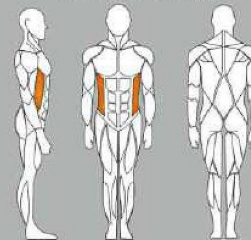
Specification

Length : 52 inches/132 cms
Width : 44 inches/112 cms
Height : 62 inches/157 cms
Weight Stack : 220 lbs. / 100 kg

TORSO ROTATION



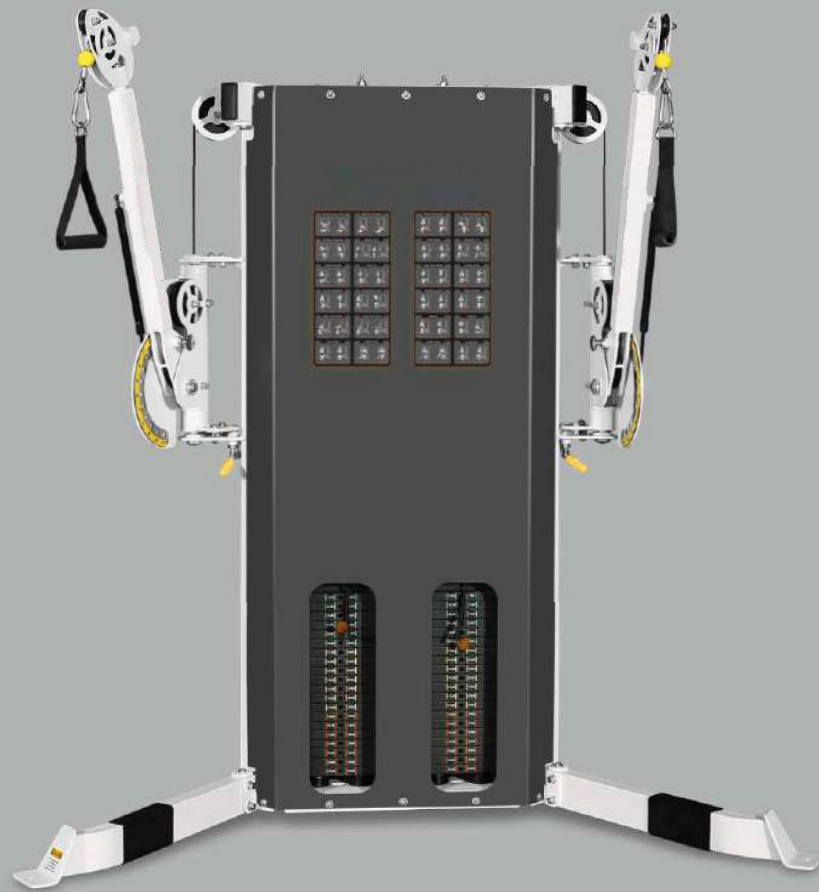
Muscle Group



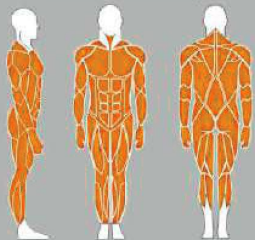
Specification

Length : 48 inches/122 cms
Width : 50 inches/127 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

FUNCTIONAL TRAINING TOWER



Muscle Group



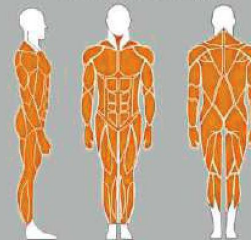
Specification

Length : 80 inches/203 cms
Width : 128 inches/325 cms
Height : 86 inches/218 cms
Weight Stack : 220 lbs. / 100 kg X Each Side

MULTI FUNCTIONAL STATION



Muscle Group



Specification

Length : 98 inches/249 cms
Width : 48 inches/122 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg X Each Side

NEW **IMPACT**
SERIES



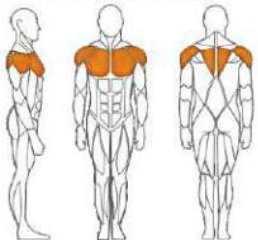
www.gymstrong.in

GYM STRONG
FITNESS EQUIPMENT

PEC FLY/REAR DELT



Muscle Group



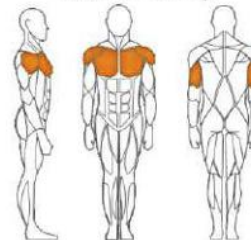
Specification

Length : 60 inches/152 cms
Width : 68 inches/173 cms
Height : 82 inches/208 cms
Weight Stack : 220 lbs. / 100 kg

VERTICAL CHEST PRESS



Muscle Group



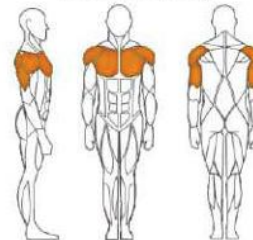
Specification

Length : 56 inches/142 cms
Width : 64 inches/163 cms
Height : 72 inches/183 cms
Weight Stack : 220 lbs. / 100 kg

MULTI PRESS



Muscle Group



Specification

Length : 80 inches/203 cms

Width : 60 inches/152 cms

Height : 56 inches/142 cms

Weight Stack : 220 lbs. / 100 kg

LAT PULL DOWN - SINGLE PULLEY



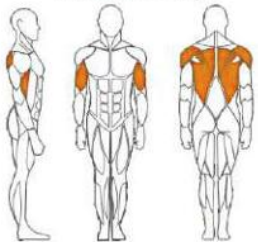
LAT PULL DOWN - DUAL PULLEY



STRAP HANDLE



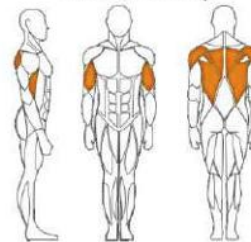
Muscle Group



Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 92 inches/234 cms
Weight Stack : 220 lbs. / 100 kg

Muscle Group



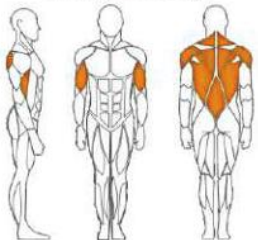
Specification

Length : 62 inches/157 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

LAT PULL DOWN WITH ROWING COMBO.



Muscle Group



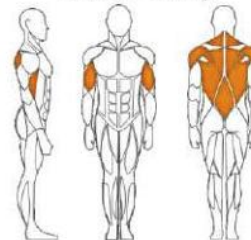
Specification

Length : 84 inches/213 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

HIGH LOW LAT PULL DOWN



Muscle Group



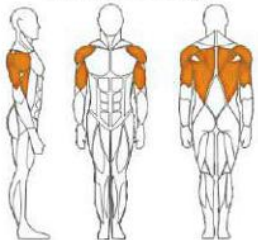
Specification

Length : 80 inches/203 cms
Width : 40 inches/102 cms
Height : 92 inches/234 cms
Weight Stack : 220 lbs. / 100 kg

ASSISTED DIP CHIN



Muscle Group



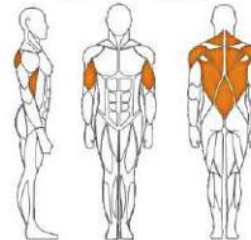
Specification

Length : 58 inches/147 cms
Width : 46 inches/117 cms
Height : 85 inches/216 cms
Weight Stack : 220 lbs. / 100 kg

LONG PULL ROW - SINGLE PULLEY



Muscle Group



Specification

Length : 94 inches/239 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

LONG PULL ROW - DUAL PULLEY

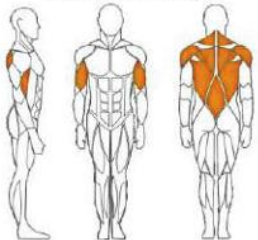
VERTICAL ROW



Optional Attachment



Muscle Group

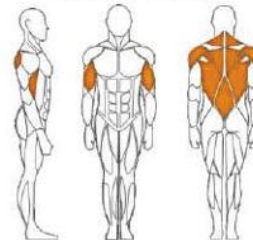


Specification

Length : 94 inches/239 cms
Width : 40 inches/102 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg



Muscle Group



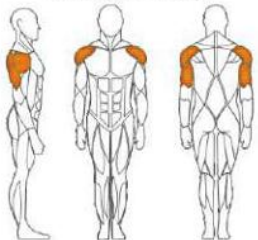
Specification

Length : 68 inches/173 cms
Width : 52 inches/132 cms
Height : 62 inches/157 cms
Weight Stack : 220 lbs. / 100 kg

SHOULDER PRESS



Muscle Group



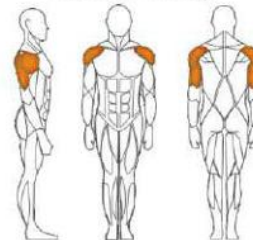
Specification

Length : 66 inches/168 cms
Width : 62 inches/157 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

INCLINE SHOULDER PRESS



Muscle Group



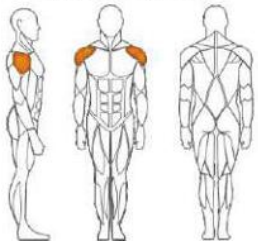
Specification

Length : 80 inches/203 cms
Width : 58 inches/147 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

LATERAL RAISE



Muscle Group



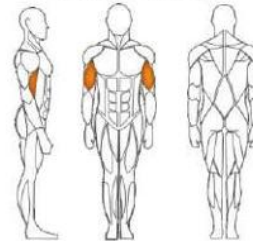
Specification

Length : 48 inches/122 cms
Width : 50 inches/127 cms
Height : 56 inches/142 cms
Weight Stack : 165 lbs. / 75 kg

BICEP CURL



Muscle Group



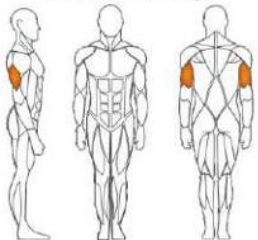
Specification

Length : 48 inches/122 cms
Width : 36 inches/91 cms
Height : 56 inches/142 cms
Weight Stack : 165 lbs. / 75 kg

SEATED TRICEP DIP



Muscle Group



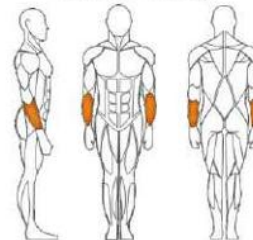
Specification

Length : 60 inches/152 cms
Width : 44 inches/112 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. /100 kg

WRIST CURL



Muscle Group



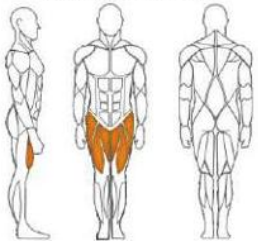
Specification

Length : 24 inches/61 cms
Width : 30 inches/76 cms
Height : 44 inches/112 cms
Weight Stack : 110 lbs. / 50 kg

LEG EXTENSION



Muscle Group



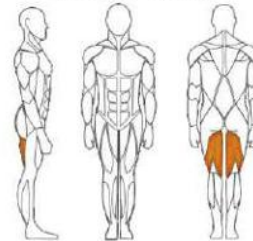
Specification

Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

SEATED LEG CURL



Muscle Group



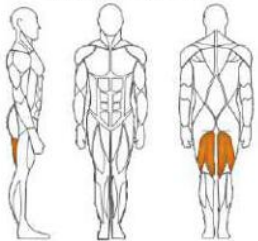
Specification

Length : 65 inches/165 cms
Width : 37 inches/94 cms
Height : 56 inches/140 cms
Weight Stack : 220 lbs. / 100 kg

PRONE LEG CURL



Muscle Group



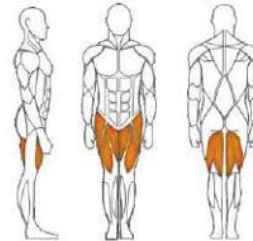
Specification

Length : 67 inches/170 cms
Width : 44 inches/112 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

SEATED LEG CURL/EXTENSION COMBO.



Muscle Group



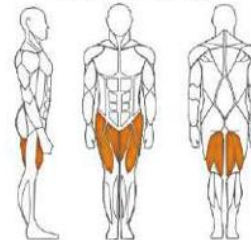
Specification

Length : 65 inches/165 cms
Width : 44 inches/112 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

LEG CURL/EXTENSION COMBO.



Muscle Group



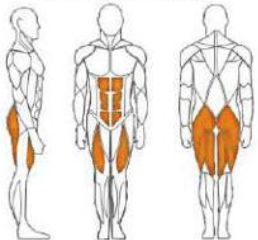
Specification

Length : 65 inches/165 cms
Width : 44 inches/112 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

HIP THRUST



Muscle Group



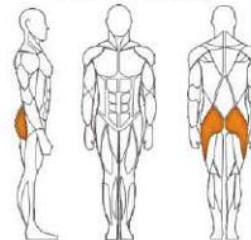
Specification

Length : 70 inches/178 cms
Width : 50 inches/127 cms
Height : 56 inches/142 cms
Weight Stack : 165 lbs. / 75 kg

GLUTE MACHINE



Muscle Group



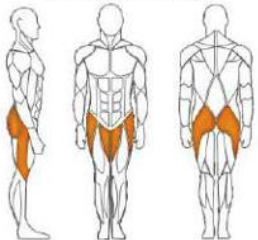
Specification

Length : 48 inches/122 cms
Width : 40 inches/102 cms
Height : 56 inches/142 cms
Weight Stack : 165 lbs. / 75 kg

ADDUCTOR/ABDUCTOR COMBO.



Muscle Group



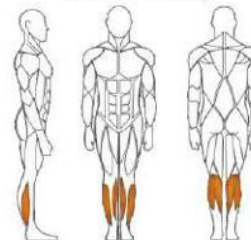
Specification

Length : 67 inches/170 cms
Width : 36 inches/91 cms
Height : 56 inches/142 cms
Weight Stack : 220 lbs. / 100 kg

STANDING CALF



Muscle Group



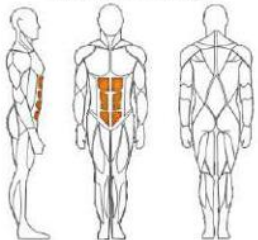
Specification

Length : 56 inches/142 cms
Width : 44 inches/112 cms
Height : 75 inches/191 cms
Weight Stack : 220 lbs. / 100 kg

ABDOMINAL MACHINE



Muscle Group



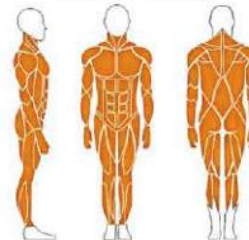
Specification

Length : 52 inches/132 cms
Width : 50 inches/127 cms
Height : 58 inches/147 cms
Weight Stack : 220 lbs. / 100 kg

MULTI FUNCTIONAL STATION



Muscle Group



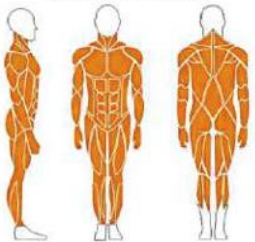
Specification

Length : 98 inches/249 cms
Width : 48 inches/122 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg X 2 Stack

CABLE CROSSOVER ADJUSTABLE



Muscle Group



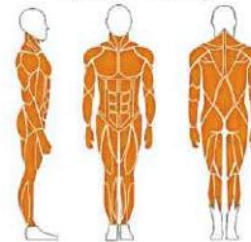
Specification

Length : 162 inches/411 cms
Width : 39 inches/99 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg X 2 Stack

HIGH LOW PULLEY ADJUSTABLE



Muscle Group



Specification

Length : 44 inches/112 cms
Width : 39 inches/99 cms
Height : 90 inches/229 cms
Weight Stack : 220 lbs. / 100 kg

LOAD-ON

SERIES



www.gymstrong.in

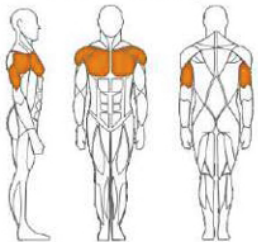
GYM STRONG

FITNESS EQUIPMENT

ISOLATERAL CHEST PRESS



Muscle Group



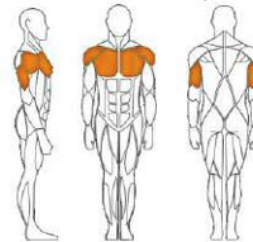
Specification

Length : 49 inches/125 cms
Width : 58 inches/147 cms
Height : 73 inches/185 cms

ISOLATERAL SUPER INCLINE PRESS



Muscle Group



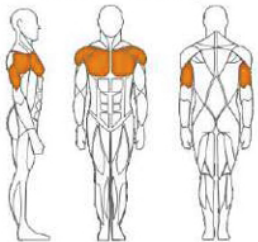
Specification

Length : 56 inches/142 cms
Width : 64 inches/163 cms
Height : 63 inches/160 cms

ISOLATERAL INCLINE CHEST PRESS



Muscle Group



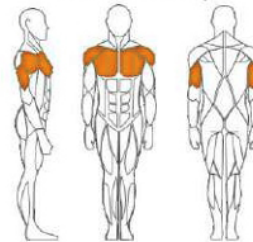
Specification

Length : 56 inches/142 cms
Width : 62 inches/157 cms
Height : 69 inches/176 cms

DUAL AXIS FLAT BENCH



Muscle Group



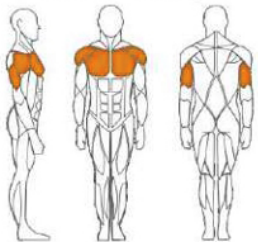
Specification

Length : 78 inches/198 cms
Width : 48 inches/122 cms
Height : 54 inches/137 cms

DUAL AXIS DECLINE BENCH



Muscle Group



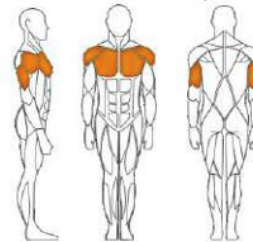
Specification

Length : 92 inches/234 cms
Width : 48 inches/122 cms
Height : 36 inches/91 cms

DUAL AXIS INCLINE BENCH



Muscle Group



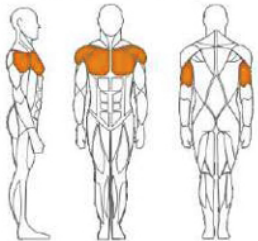
Specification

Length : 90 inches/228 cms
Width : 48 inches/122 cms
Height : 42 inches/107 cms

CHEST PRESS



Muscle Group



Specification

Length : 62 inches/157 cms
Width : 72 inches/183 cms
Height : 70 inches/178 cms

INCLINE CHEST



Muscle Group



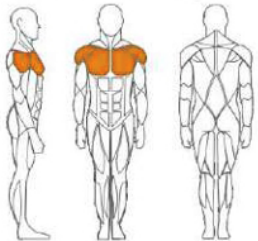
Specification

Length : 64 inches/163 cms
Width : 82 inches/208 cms
Height : 70 inches/178 cms

ISOLATERAL PEC DECK



Muscle Group



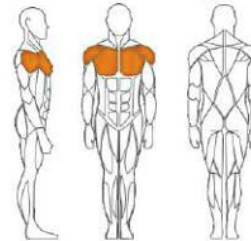
Specification

Length : 72 inches/183 cms
Width : 45 inches/114 cms
Height : 64 inches/163 cms

ISOLATERAL INCLINE PEC FLY



Muscle Group



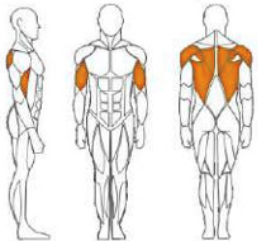
Specification

Length : 70 inches/178 cms
Width : 60 inches/152 cms
Height : 38 inches/97 cms

REVERSE FRONT LAT PULL DOWN



Muscle Group



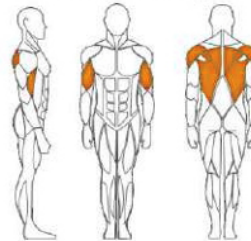
Specification

Length : 92 inches/234 cms
Width : 68 inches/173 cms
Height : 82 inches/208 cms

PULLDOWN



Muscle Group



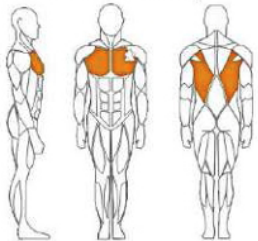
Specification

Length : 68 inches/173 cms
Width : 60 inches/152 cms
Height : 76 inches/193 cms

PULL OVER



Muscle Group



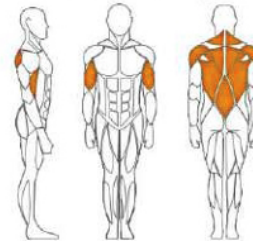
Specification

Length : 78 inches/198 cms
Width : 58 inches/147 cms
Height : 59 inches/150 cms

LOW ROW



Muscle Group



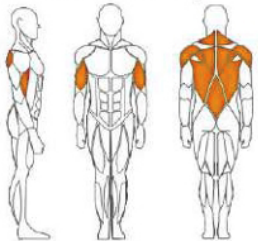
Specification

Length : 75 inches/190 cms
Width : 76 inches/193 cms
Height : 66 inches/168 cms

MID ROW



Muscle Group



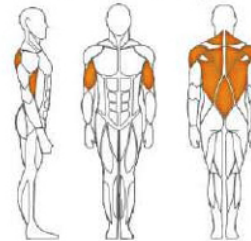
Specification

Length : 75 inches/191 cms
Width : 72 inches/183 cms
Height : 54 inches/137 cms

ISOLATERAL ROW



Muscle Group



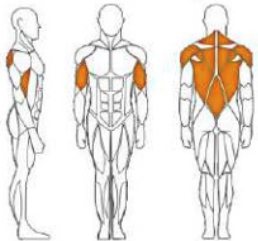
Specification

Length : 70 inches/178 cms
Width : 60 inches/152 cms
Height : 55 inches/140 cms

MULTI ANGLED T-BAR



Muscle Group



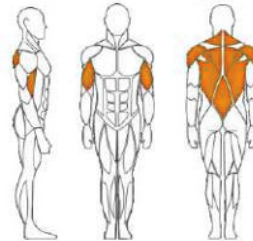
Specification

Length : 74 inches/188 cms
Width : 40 inches/102 cms
Height : 20 inches/51 cms

INCLINE T-BAR



Muscle Group



Specification

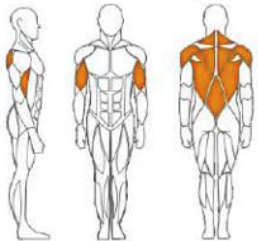
Length : 78 inches/198 cms
Width : 40 inches/102 cms
Height : 47 inches/119 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

COMPOUND ROW



Muscle Group



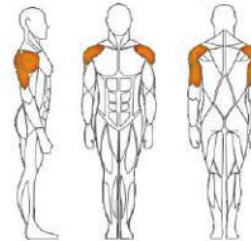
Specification

Length : 98 inches/249 cms
Width : 48 inches/122 cms
Height : 36 inches/91 cms

SHOULDER PRESS



Muscle Group



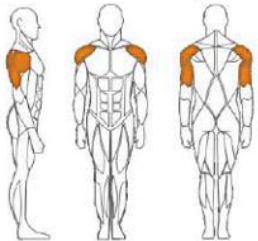
Specification

Length : 64 inches/163 cms
Width : 84 inches/213 cms
Height : 60 inches/152 cms

ISOLATERAL SUPER INCLINE SHOULDER PRESS



Muscle Group



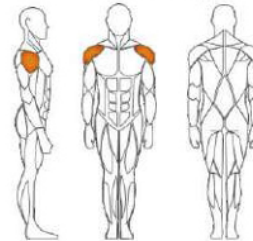
Specification

Length : 65 inches/165 cms
Width : 58 inches/148 cms
Height : 76 inches/193 cms

ISOLATERAL SEATED LATERAL RAISE



Muscle Group



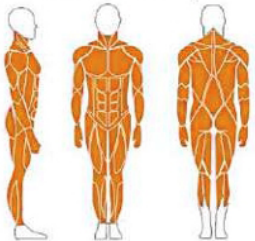
Specification

Length : 56 inches/142 cms
Width : 45 inches/114 cms
Height : 56 inches/142 cms

SHRUGS/DEADLIFT



Muscle Group



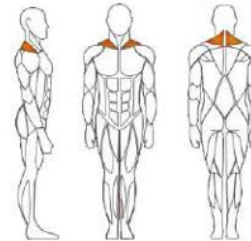
Specification

Length : 70 inches/178 cms
Width : 60 inches/152 cms
Height : 42 inches/107 cms

SEATED/STANDING SHRUGS



Muscle Group



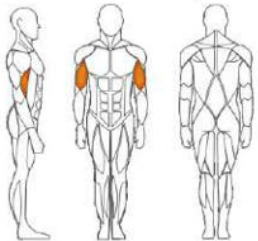
Specification

Length : 56 inches/142 cms
Width : 76 inches/193 cms
Height : 53 inches/135 cms

ARM CURL



Muscle Group



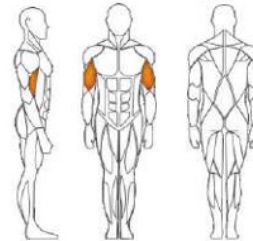
Specification

Length : 64 inches/163 cms
Width : 46 inches/117 cms
Height : 44 inches/112 cms

BISOLATERAL BICEP CURL



Muscle Group



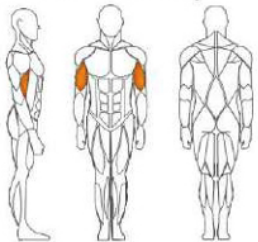
Specification

Length : 42 inches/107 cms
Width : 68 inches/173 cms
Height : 52 inches/132 cms

INCLINE BICEP CURL



Muscle Group



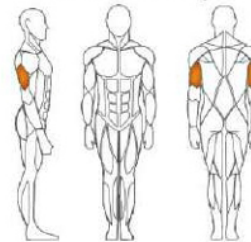
Specification

Length : 46 inches/117 cms
Width : 66 inches/168 cms
Height : 58 inches/147 cms

TRICEP DIP PLATE LOADED



Muscle Group



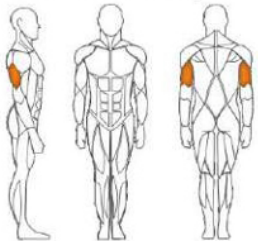
Specification

Length : 68 inches/173 cms
Width : 70 inches/178 cms
Height : 45 inches/114 cms

INCLINE TRICEP EXTENSION



Muscle Group



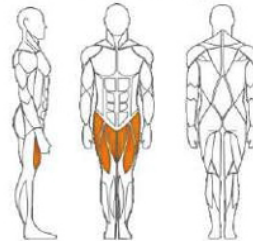
Specification

Length : 46 inches/117 cms
Width : 66 inches/168 cms
Height : 60 inches/152 cms

ISOLATERAL LEG EXTENSION



Muscle Group



Specification

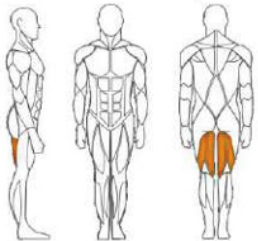
Length : 52 inches/132 cms
Width : 64 inches/163 cms
Height : 49 inches/124 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

ISOLATERAL LEG CURL



Muscle Group



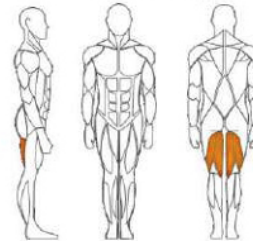
Specification

Length : 50 inches/127 cms
Width : 55 inches/140 cms
Height : 51 inches/130 cms

ISOLATERAL STANDING LEG CURL



Muscle Group



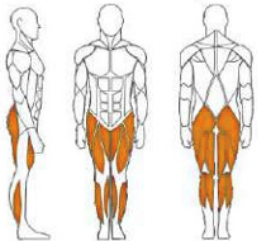
Specification

Length : 62 inches/157 cms
Width : 78 inches/198 cms
Height : 53 inches/135 cms

ISOLATERAL LEG PRESS



Muscle Group



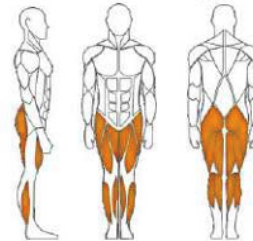
Specification

Length : 72 inches/183 cms
Width : 60 inches/152 cms
Height : 64 inches/163 cms

LEG PRESS



Muscle Group



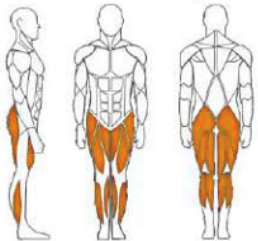
Specification

Length : 93 inches/236 cms
Width : 56 inches/142 cms
Height : 61 inches/155 cms

45° LEG PRESS



Muscle Group



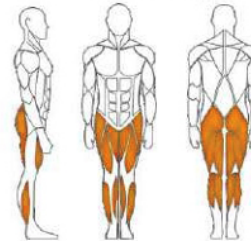
Specification

Length : 92 inches/234 cms
Width : 66 inches/168 cms
Height : 55 inches/140 cms

VERTICAL LEG PRESS



Muscle Group



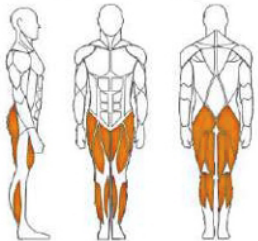
Specification

Length : 75 inches/190 cms
Width : 84 inches/213 cms
Height : 86 inches/218 cms

LYING VERTICAL PRESS



Muscle Group



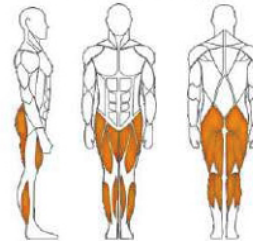
Specification

Length : 75 inches/190 cms
Width : 82 inches/208 cms
Height : 86 inches/218 cms

HACK SQUAT



Muscle Group



Specification

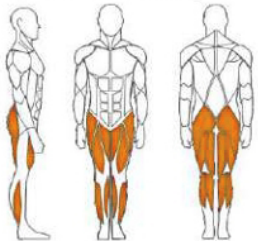
Length : 94 inches/239 cms
Width : 66 inches/168 cms
Height : 55 inches/140 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

LEG PRESS/HACK SQUAT COMBO.



Muscle Group



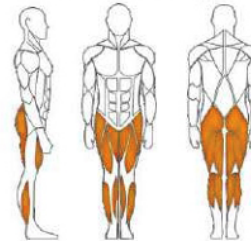
Specification

Length : 94 inches/239 cms
Width : 66 inches/168 cms
Height : 55 inches/140 cms

POWER SQUAT



Muscle Group



Specification

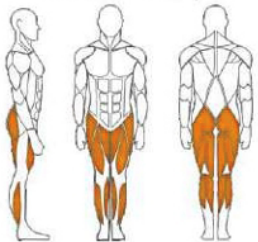
Length : 78 inches/198 cms
Width : 66 inches/168 cms
Height : 66 inches/168 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

PENDULUM SQUAT



Muscle Group



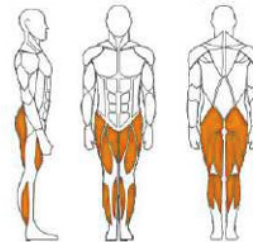
Specification

Length : 92 inches/234 cms
Width : 58 inches/147 cms
Height : 64 inches/163 cms

BELT SQUAT



Muscle Group



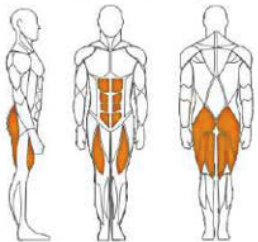
Specification

Length : 70 inches/178 cms
Width : 48 inches/122 cms
Height : 52 inches/132 cms

HIP THRUST



Muscle Group



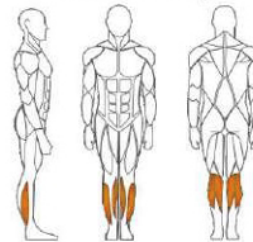
Specification

Length : 70 inches/178 cms
Width : 56 inches/142 cms
Height : 50 inches/127 cms

STANDING CALF



Muscle Group



Specification

Length : 38 inches/97 cms
Width : 54 inches/137 cms
Height : 70 inches/178 cms

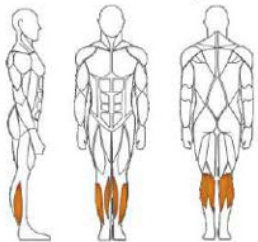
SEATED CALF

TIBIA TRAINER

ANGLED CALF



Muscle Group

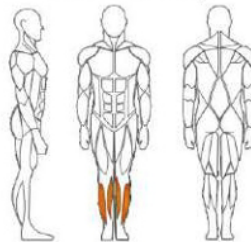


Specification

Length : 58 inches/147 cms
 Width : 36 inches/91 cms
 Height : 39 inches/99 cms



Muscle Group

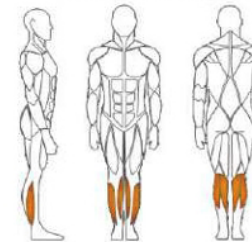


Specification

Length : 40 inches/102 cms
 Width : 15 inches/38 cms
 Height : 14 inches/36 cms



Muscle Group



Specification

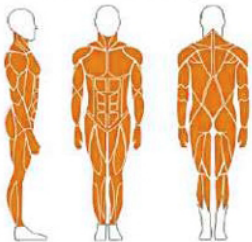
Length : 66 inches/168 cms
 Width : 42 inches/107 cms
 Height : 48 inches/122 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

SMITH MACHINE COUNTER BALANCED



Muscle Group



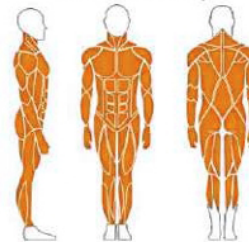
Specification

Length : 56 inches/127 cms
Width : 86 inches/218 cms
Height : 90 inches/229 cms

SMITH/SQUAT RACK COMBO.



Muscle Group

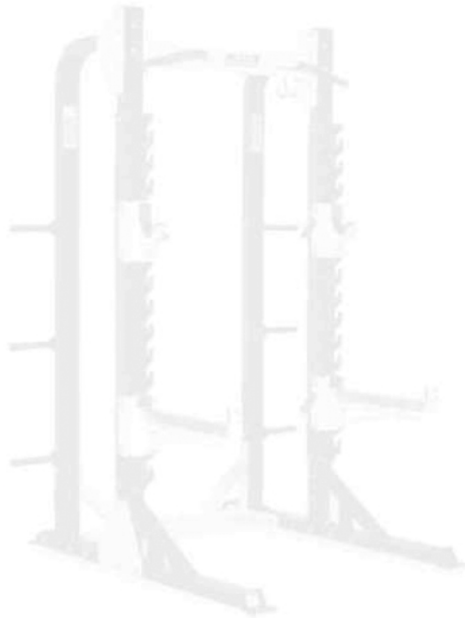


Specification

Length : 84 inches/213 cms
Width : 86 inches/218 cms
Height : 90 inches/229 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

BENCHES & RACKS



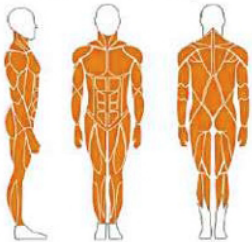
www.gymstrong.in

GYM STRONG
FITNESS EQUIPMENT

SQUAT RACK ADJUSTABLE



Muscle Group



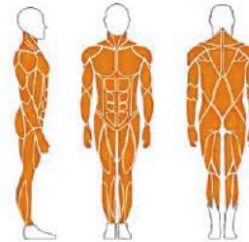
Specification

Length : 54 inches/137 cms
Width : 86 inches/218 cms
Height : 70 inches/178 cms

FUNCTIONAL MAX RACK



Muscle Group



Specification

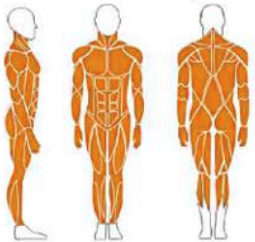
Length : 48 inches/122cms
Width : 86 inches/218 cms
Height : 90 inches/229 cms

* Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

POWER CAGE



Muscle Group



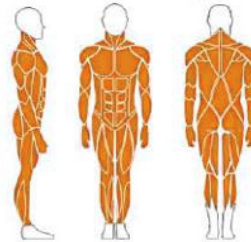
Specification

Length : 64 inches/163 cms
Width : 86 inches/218 cms
Height : 90 inches/229 cms

HALF RACK



Muscle Group



Specification

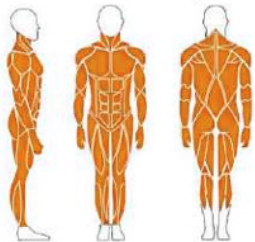
Length : 68 inches/173 cms
Width : 67 inches/170 cms
Height : 94 inches/239 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

HALF RACK



Muscle Group



Specification

Length : 68 inches/173 cms
Width : 67 inches/170 cms
Height : 94 inches/239 cms

HALF RACK WITH PLATFORM



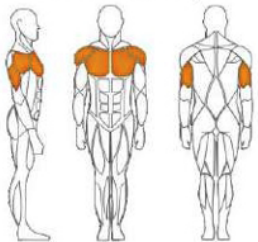
Specification

Length : 136 inches/345 cms
Width : 104 inches/264 cms
Height : 94 inches/239 cms

OLYMPIC FLAT BENCH



Muscle Group



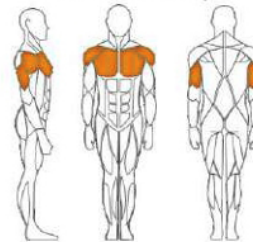
Specification

Length : 82 inches/208 cms
Width : 86 inches/218 cms
Height : 50 inches/127 cms

OLYMPIC INCLINE BENCH



Muscle Group



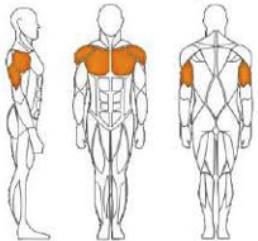
Specification

Length : 78 inches/198 cms
Width : 86 inches/218 cms
Height : 55 inches/140 cms

OLYMPIC DECLINE BENCH



Muscle Group



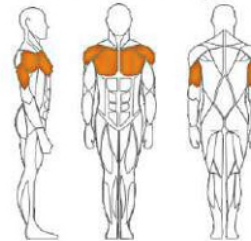
Specification

Length : 81 inches/206 cms
Width : 86 inches/218 cms
Height : 48 inches/122 cms

FLAT/INCLINE COMBO. BENCH



Muscle Group



Specification

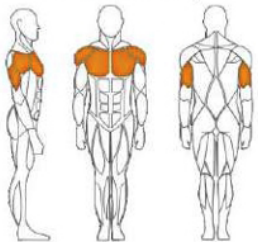
Length : 72 inches/183 cms
Width : 86 inches/218 cms
Height : 58 inches/147 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

POWER BENCH



Muscle Group



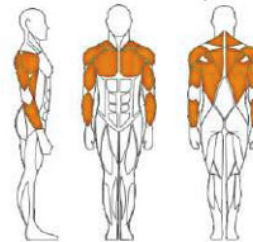
Specification

Length : 80 inches/203 cms
Width : 86 inches/218 cms
Height : 56 inches/142 cms

SUPER BENCH



Muscle Group



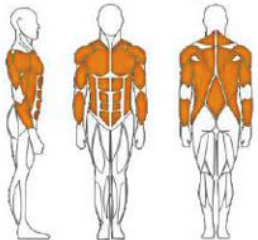
Specification

Length : 60 inches/152 cms
Width : 25 inches/64 cms
Height : N.A.

DELUXE SUPER BENCH



Muscle Group



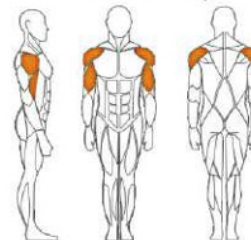
Specification

Length : 65 inches/165 cms
Width : 29 inches/74 cms
Height : N.A.

UTILITY BENCH



Muscle Group



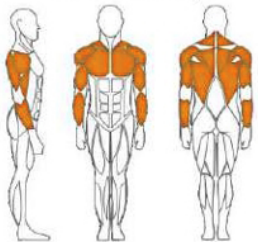
Specification

Length : 50 inches/127cms
Width : 30 inches/76 cms
Height : 38 inches/97 cms

WORK BENCH



Muscle Group



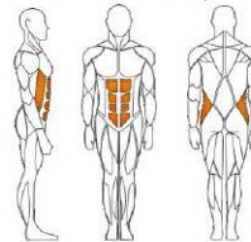
Specification

Length : 55 inches/140 cms
Width : 30 inches/76 cms
Height : 21 inches/53 cms

ABDOMINAL BOARD ADJUSTABLE



Muscle Group



Specification

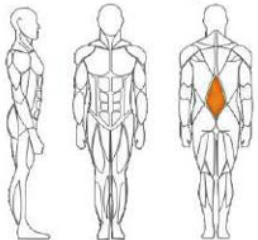
Length : 69 inches/175 cms
Width : 30 inches/76 cms
Height : 34 inches/86 cms

BACK EXTENSION

GLUTE HAM DEVELOPER



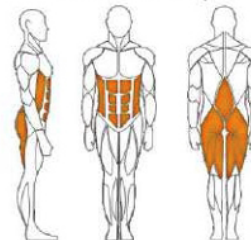
Muscle Group



Specification

Length : 66 inches/168 cms
Width : 42 inches/107 cms
Height : 50 inches/127 cms

Muscle Group



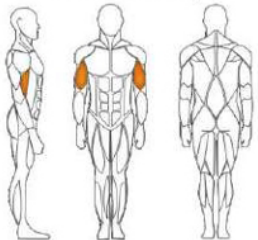
Specification

Length : 76 inches/193 cms
Width : 36 inches/91 cms
Height : 44 inches/112 cms

PREACHER CURL BENCH



Muscle Group



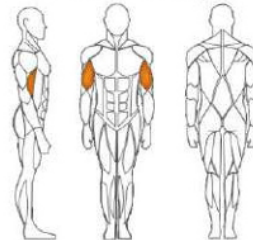
Specification

Length : 54 inches/137 cms
Width : 48 inches/122 cms
Height : 38 inches/97 cms

STANDING PREACHER CURL BENCH



Muscle Group



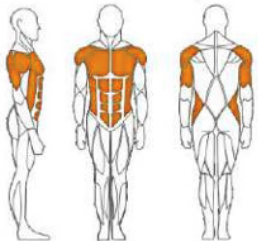
Specification

Length : 50 inches/127 cms
Width : 32 inches/81 cms
Height : 44 inches/112 cms

VERTICAL KNEE UP



Muscle Group



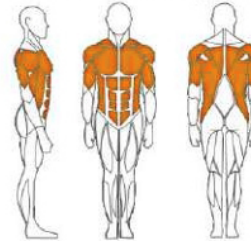
Specification

Length : 56 inches/142 cms
Width : 36 inches/91 cms
Height : 70 inches/178 cms

VERTICAL KNEE UP AB DIP CHIN



Muscle Group



Specification

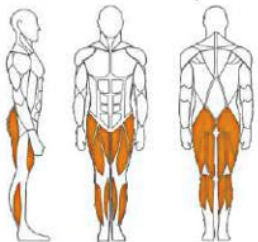
Length : 56 inches/142 cms
Width : 36 inches/91 cms
Height : 90 inches/229 cms

SISSY SQUAT

VERTICAL PLATE TREE



Muscle Group



Specification

Length : 56 inches/142 cms
Width : 40 inches/102 cms
Height : 24 inches/61 cms



Specification

Length : 28 inches/71 cms
Width : 30 inches/76 cms
Height : 49 inches/124 cms

BUMPER PLATE RACK



Specification

Length : 68 inches/173 cms

Width : 18 inches/46 cms

Height : 16 inches/41 cms

DUMBBELL RACK TWIN TIER



Specification

Length : 30 inches/76 cms

Width : 103 inches/262 cms

Height : 32 inches/81 cms

DUMBBELL RACK THREE TIER



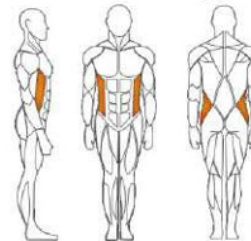
Specification

Length : 42 inches/107 cms
Width : 103 inches/262 cms
Height : 42 inches/107 cms

TWISTER



Muscle Group



Specification

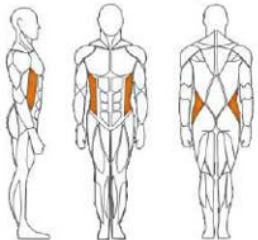
Length : 36 inches/91 cms
Width : 29 inches/74 cms
Height : 58 inches/147 cms

DUAL TWISTER

BEAUTYBELL RACK



Muscle Group



Specification

Length : 78 inches/198 cms
Width : 29 inches/74 cms
Height : 58 inches/147 cms



Specification

Length : 42 inches/107 cms
Width : 32 inches/81 cms
Height : 55 inches/140 cms

VERTICAL DUMBBELL RACK



Specification

Length : 42 inches/107 cms
Width : 32 inches/81 cms
Height : 55 inches/140 cms

T-BAR PIVOT



Specification

Length : 92 inches/234 cms
Width : 46 inches/117 cms
Height : 18 inches/46 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

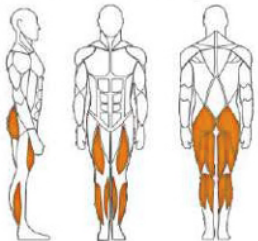
SQUAT STAND ADJUSTABLE

BARBELL RACK

ACCESSORIES RACK



Muscle Group



Specification

Length : 18 inches/46 cms
Width : 72 inches/183 cms
Height : 48 inches/122 cms



Specification

Length : 22 inches/56 cms
Width : 12 inches/30 cms
Height : 10 inches/25 cms



Specification

Length : 42 inches/107 cms
Width : 28 inches/71 cms
Height : 48 inches/122 cms

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

DUMBBELL / PLATE / BARBELL



Solid Rubberized Dumbbells

Model : JDSK



Rubberized Plates - KG

Model : JPRK



Olympic Bar

4 / 5 / 6 / 7 Feet



Olympic EZ Bar

4 Feet

MULTIGYM

SERIES



www.gymstrong.in

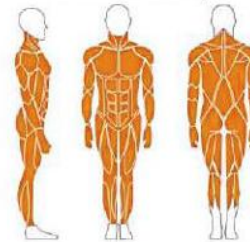
GYM STRONG

FITNESS EQUIPMENT

MULTI GYM (UPPERBODY)



Muscle Group



Specification

Length : 152 inches/386 cms

Width : 85 inches/216 cms

Height : 92 inches/234 cms

Weight Stack :

Pec Fly / Rear Delt : 220 lbs. / 100 kg

Lat Pull Down : 220 lbs. / 100 kg

Long Pull Row : 220 lbs. / 100 kg

High Low Pulley : 220 lbs. / 100 kg

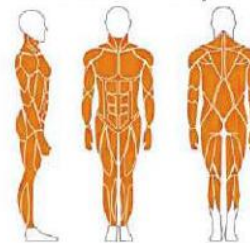
MULTI GYM WITH SEATED LEG CURL/EXTENSION COMBO.



Optional Attachment*



Muscle Group



Specification

Length : 85 inches/216 cms

Width : 115 inches/292 cms

Height : 92 inches/234 cms

Weight Stack :

Pec Fly / Rear Delt: 220 lbs. / 100 kg

Lat Pull Down: 220 lbs. / 100 kg

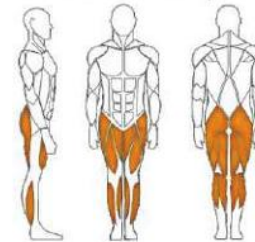
High Low Pulley: 220 lbs. / 100 kg

Seated Leg Curl / Ext. Combo. : 220 lbs. / 100 kg

MULTI GYM (LOWERBODY)



Muscle Group



Specification

Length : 115 inches/292 cms

Width : 95 inches/241 cms

Height : 80 inches/203 cms

Weight Stack :

Leg Extension : 220 lbs. / 100 kg

Seated Leg Curl : 220 lbs. / 100 kg

Seated Leg Press : 400 lbs. / 180 kg

Standing Calf : 220 lbs. / 100 kg

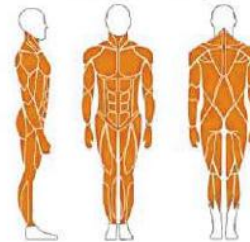
4 SIDE HIGH LOW PULLEY



Optional Attachment*



Muscle Group



Specification

Length : 58 inches/147 cms

Width : 58 inches/147 cms

Height : 92 inches/234 cms

Weight Stack : 220 lbs. / 100 kg X 4 Stacks

5 STATION MULTI GYM



Specification

Length : 218 inches/554 cms

Width : 115 inches/292 cms

Height : 92 inches/234 cms

Weight Stack : 220 lbs. / 100 kg X 5 Stacks

ACCESSORIES



Dip Stand



Dip Stand



Dip Stand



Folding Handle Hex Bar



Hammer Curl Bar



Barbell Collar



Gym Belt
(Small / Medium / Large)



Plyometric Softbox Set
(6"/15cm, 12"/30cm, 18"/45cm, 24"/60cm)



Power Bag Set
(5 / 10 / 15 / 20 kgs)



Bulgarian Bag Set
(5 / 10 / 15 / 20 kgs)



Leather Kettlebell Set
(2 / 3 / 4 / 5 / 6 / 8 / 10 kgs)



Wall Ball Set
(6 / 8 / 10 kgs)



Medicine Ball Split Leather Set
(1 / 2 / 3 / 4 / 5 kgs)



Medicine Ball
(1 / 2 / 3 / 4 / 5 kgs)



Kettlebells



TRX Suspension



Foam Roller



Stability Half Ball



Exercise Wheel
(Dual Wheel)



Punching Bag



Battle Rope (38 mm)
(Length - 9 Meter)



Battle Rope (38 mm)
(Length - 15 Meter)



Battle Rope (50 mm)
(Length - 15 Meter)



Climbing Rope /
Pulling Rope (38 mm)
(Length - 6 Meter)



AB Strap



Aerobic Step Board



TRP Resistance Band Set



PVC Jump Rope



Adjustable Expander Set Tube



Anti-Burst Gym Ball (55 / 65 cm)



Anti-Burst Gym Ball (75 / 85 / 95 cm)



Black Bumper Plates



Colored Bumper Plates



Steel Bumper Plates



Yoga Mat Grey



Yoga Mat Black



Plyo Box Set
(12"/30cm, 18"/46cm, 24"/61cm, 36"/91cm, 42"/107cm)



Deadlift Jack (A)



Deadlift Jack (B)

SHADES / COLORS

FRAME



UPHOLSTERY



DISCLAIMER: THE FRAME AND UPHOLSTERY COLOUR MAY VARY AS PER THE COLOUR BATCH PRODUCTION.

GYM STRONG

FITNESS EQUIPMENT

WIDEST RANGE OF PRODUCTS



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SERIES
PLUS**



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**LOAD-ON
SERIES**



BENCHES & RACKS

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